

Salute 2 Service Joy to Live Plan

7/18/24 ltr. Rev. Mike Wanner, ACPH

When Things Get Tough!

Being overwhelmed may appear as an unsolvable problem when we are confused.

I developed a free tool to help us understand how we feel so we can think clearly. I use it as a matrix to show me where clients could benefit most. It's called the Emotional Intensity Test, and it's free at <https://angelraphaelspeaks.com/test/>.

We are sensitive to our feelings and life force (Prana). Awareness of our emotional state gives us the power to accept or change our feelings. We can choose to control the thoughts and energy in and around us, empowering us to take charge of our mental and emotional well-being.

Try the test now and see how you score. If you need support, call me or learn about asking Angels for it at <https://angelraphaelspeaks.com/angels-for-emotions/>

Also, feel free to stop at the Salute 2 Service office and get a Bit of Our Love (A Blessed Crystal); You could also e-mail mikewann@mail.com. and make an appointment with me to talk or get a Back Heart Chakra Cleaning in person or on Zoom. I offer A free book on my work at <https://pranichealing.xyz/empty-the-attic-of-emotionality-4-veterans/>

Also, consider sharing your answers with your spouse, doctors, spiritual advisors, counselors, family, and friends so we know how to best help you.

Taking charge of your thoughts can empower your life.

You can find your new joy. Peace and power.

You are free to Call me.

I listen to and hear you.

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